

# Infant-Parent Mental Health

Postgraduate Certificate Program



## UMass Boston College of Liberal Arts, Psychology Department

### Infant-Parent Mental Health Postgraduate Certificate Program

#### JOIN

Join our highly acclaimed program advancing the quality of mental health services for infants and young children in the context of their earliest relationships. Fellows spend 12 intensive, interactive three-day weekends, learning directly from world luminaries, who in the past have included Chief Faculty, Ed Tronick, T. Berry Brazelton, Dan Siegel, Bruce Perry, Charles Zeanah, Joy Osofsky, Beatrice Beebe, Peter Fonagy, and many more.

#### PROGRAM

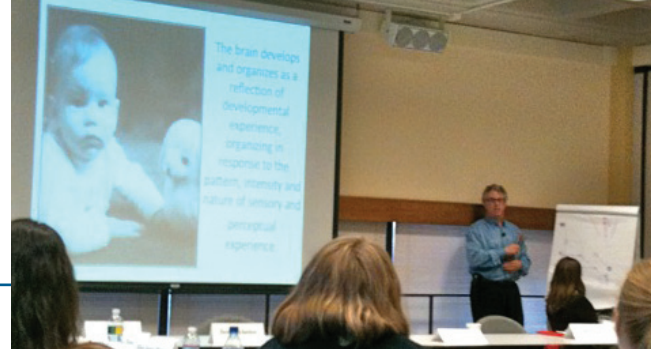
An interdisciplinary professional fellowship open to physicians, psychologists, nurses, psychotherapists, educators, social workers, SLPs, OTs, PTs, and others working with children age 0-5 and their parents.

Prepares professionals for endorsement as an infant-family and early childhood mental health specialist in a growing number of states.

#### LOCATIONS

**Boston, MA** – 12 intensive, interactive three-day weekends, meeting every other month over the course of two years.

**Napa Valley, CA** – 12 intensive, interactive three-day weekends, meeting monthly over a course of 15 months.



#### TESTIMONIALS

*"The IPMH program opened up a whole new view on how to look at and work with young children. It's a truly integrative and eclectic model that combines all necessary knowledge needed to work with babies and their parents. Thanks!"*

– Graduate Fellow

*"I really enjoy the multidisciplinary perspectives shared by the speakers and the fellows. It broadens my exposure to research and clinical aspects of infant-parent mental health and encourages me to look beyond my own disciplinary lens and consider issues I may not have thought about before. A lot of effort has been put into organizing a meaningful experience, and respect for various points of view is communicated and felt. Overall, a wonderful learning experience and a great community of learners!"*

– Current Fellow

### Comprehensive training in infant and early childhood mental health research, theory, assessment, and interventions, including:

- Neurodevelopmental models of risk and resilience, effects of trauma on early relationships and early brain development
- Therapeutic interventions with infants and families (including dyadic and family systems psychotherapies, the therapeutic use of videotape with families, dyadic and family systems psychotherapies, DIR, and more)
- Infant and early childhood assessment tools and measures (including NBO training, NCAST Parent-Child Interaction Scales training, DC:0-3R training, and many other diagnostic tools)
- Research, diagnosis and multidisciplinary approaches to treating infant regulatory disorders, social communication disorders, anxiety disorders, post-traumatic stress disorder, trauma on early relationships and early brain development
- Postpartum mood disorders and therapeutic interventions child behavior and attention problems, and more
- Reflective practice/facilitated integration of course material with individuals' practice





**COLLEGE OF LIBERAL ARTS**

PSYCHOLOGY DEPARTMENT

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Download an application at our website:

[www.umb.edu/ipmh](http://www.umb.edu/ipmh)

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